

## **iPhone Security**

### **What is the 5-click trick on iPhone?**

To turn the feature on, go to Settings > Emergency SOS.

Then you'll want to make sure Call with 5 Button Presses is toggled on.

If you've got an iPhone 7 or earlier, then by default you're required to rapidly press the side or top button five times

### **Add emergency contacts**

1. Open the Health app and tap your profile picture.
2. Tap Medical ID.
3. Tap Edit, then scroll to Emergency Contacts.
4. Tap the Add button to add an emergency contact.
5. Tap a contact, then add their relationship.

### **How to turn off Journal app settings**

1. Go to "Settings" on your iPhone or iPad.
2. Go to "Privacy & Security."
3. Click "Journaling Suggestions."
4. Tap to turn off "Discoverable by Others."